

DROP INS	TIME	EXPERIENCE	ATTIRE
Adult Intermediate Ballet	Monday: 7:00 – 8:30pm Wednesday: 7:30 – 9:00pm Saturday: 12:30 – 2:00pm	Ages 13+, some prior ballet training	Dancers' choice, fitted clothing allowing clear observation of alignment; ballet slippers
Adult Beginning Ballet	Friday: 7:00 – 8:30pm	Age 13+, no experience required	Dancers' choice, fitted clothing allowing clear observation of alignment; ballet slippers
Contemporary	Tuesday: 7:00 – 8:00pm Saturday: 11:45 – 12:30pm	Ages 12+, 3+ years dance experience	Fitted workout attire; socks, ballet slippers, or bare feet
Musical Theater	Monday: 7:00 – 6:00pm	Ages 12+, 3+ years dance experience	Athletic attire, jazz shoes
Hip Hop	Tuesday: 8:00 – 9:00pm	Ages 12+, 3+ years dance experience	Athletic attire, jazz shoes
Conditioning	Thursday: 5:15 – 6:00pm	Ages 12+, 3+ years dance experience	Fitted workout attire; bare feet
Good Morning Yoga	Monday: 9:30 – 10:30am Wednesday: 9:30 – 10:30am	Age 13+, no experience required	Workout attire and bare feet; bring your own mat!